

## **DOCUMENTING YOUR RECIPES**



Work with an adult in your family to fill out these recipe cards recording special family recipes. Then cut them out and keep in your kitchen to use next time you want to cook one of your family's traditional meals!

Recipe:		mer (
		Recorded on:
•)		Cook time:
Ingredients:		
Directions:		
Recipe:		
Recipe:From the Kitchen of:		Recorded on:
Recipe: From the Kitchen of: Serves:	Prep time:	Recorded on:  Cook time:
Recipe:	Prep time:	Recorded on:  Cook time:
Recipe:	Prep time:is recipe?	Recorded on: Cook time:
Recipe:  From the Kitchen of:  Serves:  What's the story about the  Ingredients:  Directions:	Prep time:is recipe?	Recorded on: Cook time: